



Goldwing Touring Association

April, 2008

The Official Newsletter of the State of Wisconsin



Letter from the Editor

Welcome to Spring!!

Winter 2007 was like the winters I remember as a child. Plenty of snow and cold. We could play for hours in the cold. I hope summer is more kind so we can enjoy many hours of riding.

Join me in congratulating Randy Nelson and Jen Lipe for accepting the role as Region C Director's.

On the State level, Bruce and Bev Roehrborn are the new Assistant State Directors. Marcus Baudhuin is our State Educator and Dean and Elaine Belanger are Member Recruitment and Retention Director's. We look forward to their leadership and knowledge they will bring to their positions. You will find their phone numbers and email addresses listed in each State Newsletter. Congratulations to all of them. Please call or e-mail them with your concerns or feedback. Enjoy that first ride of the season.

Barb Williams
msgldwing@new.rr.com
State Editor

State Director's Corner

The calendar says it is the second day of Spring, but as I look out my window, Mother Nature is making it look like the second day of Winter!! UGH!! Don't get me wrong; I enjoy winter weather - in the WINTER!

Raffle tickets are here!! If you have not received any, please contact me and I will get them out to you. Lets sell, sell, sell!!! Bob Johnson, Chapter Y, was top salesman last year. I wonder who will be top salesman this year? I am hoping to sell more than we did last year. I have the goal set at 2100 this year. Lets work together and reach that goal!!!

I want to thank all those members who helped make the Winter Weekend in the Dells fun!! I am still picturing Pat in that Speedo!! Just kidding Pat! It was a fun productive weekend.

We now have State Assistant Directors, a Member Recruiter and Retention Officer and a Rider Education Officer. Our new State Assistant Directors are Bruce and Bev Roehrburn. You can contact them at 920-526-3305. Dean Belanger is the new Member Recruiter and Retention Officer and Marcus Baudhuin is the Rider Education Officer. Dean can be contacted at 920-826-7287 and Marcus at 920-865-1672. Thank you very much for accepting these positions.

The Region C Rally is June 6th-8th in Nebraska City, NE. I hope you have all made your plans to attend. It is going to be a

great weekend. Wisconsin is in charge of the pool party that is going to be held on Friday. If anyone has any ideas for games or other fun stuff for the pool party, please contact me. Also, if you are planning on attending the rally, also let me know, so I have an idea of how many volunteers I have for the pool party games and such. If you have never been to a Region C Rally, I highly urge you to attend - it is the best family reunion you could ever attend!

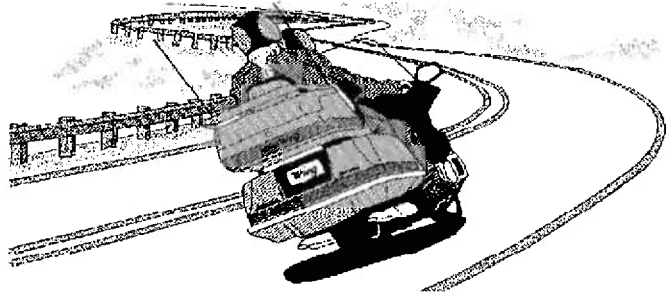
Gold Rush is July 14th-17th in Billings, Montana. Unfortunately, we are unable to attend this year, due to Jeryl's work schedule. For those of you who are able to attend - I am jealous! Gold Rush is always another good time to meet new friends and get reacquainted with old friends.

That gets us to August! The Meet 'N' Greet is scheduled for August 1st-3rd. Camping and hotel accommodations will again be at St. Joseph's Resort and the picnic at the Friendship City Park. Attached to the newsletter you will find the flier. If you are planning on camping this year, you must make your reservations thru me. You can call me at 715-839-9986. We have a limited amount of sites for the bigger campers, but we will be able to double up again on the smaller ones. All hotel and camping cabin reservations will be made thru the resort 608-565-7258. Friday night will be Pizza and Dirty Bingo!! (Last year we divided up the pizza bill equally among diners and that worked well, so we will do the same again this year.) We are asking that all bring at least one wrapped fun Bingo prize for Dirty Bingo. Chapter GB will be hosting an Ice Cream Social on Friday night as a fundraiser for their chapter. Saturday will be the

picnic/annual meeting in the park with the BANGO ride to follow the meeting. We are also going to have a raffle again at the park as a fundraiser for our state treasury. If you have any raffle prize that you would like to donate contact me. Chapter Y will host the walking taco dinner on Saturday night as a fundraiser for their chapter. All other meals are on your own. We are still looking for more fun ideas for the campground - any ideas contact me. Thank you! If you have not been able to attend a Meet 'N' Greet in the past, I urge you to mark your calendars and come to the best picnic in Wisconsin! I promise you will have a great time with great friends!

Thank you to all those who help make Wisconsin GWTA such a fun organization. We are great because we are member owned and member driven and Wisconsin has some of the greatest members!!

Hope to see you all soon-
Sherri Vonderheid



Region Director's Corner

Friday, February 01, 2008

To Region C and our other GWTA friends,

A month ago, we would have said that our GWTA life was very complete and full of adventure and we wouldn't think that it could get much better or fuller. A few phone calls and now we find that it is about to get much fuller and busier. Randy and I are both looking forward to this new adventure as your Region C Directors and hope that we can follow up Barb and Tom and keep Region C rocking. Thank you to Barb and Tom and also Bruce Keenan for the vote of confidence. We will do our very best to fulfill those expectations.

For those of you that do not know us, we will give you a brief synopsis. If you already know us, skip the next few paragraphs.

We have been members of GWTA for a little over 5 years, first with Chapter R/NE and then for the past four years, with Chapter G/NE. The more caught up we became with Chapter G, the more involved we become with GWTA as a whole. We enjoy going to Gold Rush, Region C Rally's, visiting neighboring states and regions and especially our local events. Seeing so many people at every event, from those we only have just met for the first time to those we've known for years, we count everyone as our friends! This participation with the chapter of course eventually evolved into state and regional involvement as time went on.

Between the two of us we have five children, two son-in-laws and two granddaughters. Both of our son's have their own motorcycles and one of our son-in-laws also rides with us when he gets the chance. My son Richard is in the Navy and is currently home with the Reserves waiting for his next assignment. Randy's son Andrew is a Marine and is in Iraq in his first month of a 12-14 month deployment.

Randy has been riding since he was 8 years old. Starting with a little Honda 50cc and later upgrading to a 1976 Honda XL350 which is still being used by his son Andrew. After a long break Randy started riding again about nine years ago; when his father, Roger Nelson, asked him to ride one of his many bikes on several poker runs around Pandora, Iowa. Ultimately he ended up on the '99 Valkyrie that he currently rides with pride and a lot of noise! I rode a 750 Suzuki when I was 18 and 19, but hung up the helmet for children. In 1996 I tried a crotch rocket and a succession of several bikes I am hooked on riding my 2005 "Black Cherry" Gold Wing and GWTA.

We really look forward to getting to meet so many more of you as we get out to all of the other events within the region. Feel free to contact us at any time if you have any suggestions, a problem, if you need anything or just want to visit. We are not always home in the evenings, but we will get back to you, even if we have to play phone tag a few times. We encourage each chapter to put us on their email list. We love to get info from other chapters and you never know when we might be on the road in your area. Thank you all for being such a great region and we will do all within our power to continue on with

this tradition of making Region C one of the strongest in GWTA.

See you all in Friendship,
Randy Nelson and Jen Lipe

..more from our new Region Directors

Hello all,
We realize that there are rumors flying around concerning the financial state of Region C! Let us start out by dispelling any negative rumors. The Region is not on the brink of financial ruin or collapse.

This past weekend was the annual Regional planning session that is held each year at the upcoming Rally site. In previous years, the Region supported all costs for this session that included hotel rooms, travel expenses and one meal for the Regional Directors, all State Directors, Treasurer, Secretary, Webmaster and the Safety and Education Director. The previous two year's expenses averaged slightly more than \$2100 for a single weekend. Unfortunately it was realized only just before this year's meeting that there was not enough funds to support this endeavor. Despite this drawback, most of the States were able to help out and finance their director's participation. And we are very grateful to everyone that was able to make the planning session through either support of their state or through their own financial backing.

Furthermore, plans are well underway for a VERY successful Region C Rally in Nebraska City, June 6, 7 and 8th. We have already made the initial deposit payment for Catron Camp and Retreat for our meeting facility. The city officials are very excited about our

event and look forward to helping with the light parade, public auction, show & shine and more. It is very important that everyone show up in force and put our best foot forward. Nebraska City has many wonderful attractions, fantastic roads in the area and is very close to Omaha & Lincoln for even more exciting activities.

The rally should always pay for itself and cash flow positively. It should not be a burden on Region funds to conduct our Family Reunion, but should break even and also provide financial support of the Region to serve all our members properly! Help support your region by registering early and promoting the event to everyone you would like to be a part of our club. This is a fantastic event!

If you have any questions about our Region C operational process or issues, please look at the Regional Web Site or contact us direct (rd@gwta-c.com, ranelson@caos-consulting.com or Jenlipe@cox.net).

Take the time to visit with your State Directors instead of operating on a rumor mill that churns out trouble every time it fires up! We expect to see everyone being responsible and adult enough to focus on the positive in our public communications, address negative issues directly with those in leadership roles, respect and support all the people who stepped forward in this VOLUNTEER organization to be leaders and serve GWTA! They are taking the time and effort without compensation to keep this organization running so you can enjoy riding and visiting together. So take a little time to reach out, provide support or just simply thank your Chapter, State, Regional and

National Staff next time you see them!

If you have specific issues that need to be addressed; be responsible and put the problem in writing (e-mail or signed letters) identifying the problem, providing a couple of possible solutions and directing it to the individual responsible for that item. For general issues or situations that require additional support our general chain of command starts with the Chapter Director, then if the issue is not resolved pass it up to State Director, then if not addressed pass it up to Regional Director and then once everyone has had a chance to address the issue if still not resolved take it to the National Office for discussion and possible resolution. Keep in mind thought not all issues and personal ideas can be resolved or accommodated. Make every effort to make the best out of every situation and find common solutions.

Remember that your membership in GWTA is not a right but a privilege; a privilege that carries a responsibility to put our best foot forward and support the organization even when we may not as an individual agree with what is happening. The leadership is focused on what the majority needs and what will provide success for GWTA as an organization.

See you all in Friendship,
Randy Nelson and Jen Lippe

For more information on Region C go to
<http://www.gwta-c.com/>



Winter Meeting

Twenty people attended the Winter Weekend in Wisconsin Dells February 8-10.

Wisconsin sold just under 2,000 raffle tickets in 2007. Bob Johnson, Chapter Director of Y, was the top seller. This year, Sherri will provide the winner with a traveling trophy - an American Eagle Silver Dollar that will be passed on to the winner of 2009.

Sherri welcomes new location ideas, but the members present agreed that St Joseph's Resort in Necedah, WI and Friendship Park are ideal for the annual Meet N' Greet. Make your reservations with Sherri for the camping spots and not the resort.

Pat and Barb Williams will donate plates, napkins, bowls and cups. We are looking for donations of utensils. Any other donations are welcome. Friday night will be pizza and afterwards an ice cream social fundraiser for Chapter GB. Chapter Y will have their fundraiser on Saturday night with walking tacos.

Everyone is on their own for breakfast unless someone would like to volunteer to cook. A small donation would be required from the members if someone volunteers.

Early Sunday morning, Marcus Baudhuin and a few others will be heading over to Middleton, WI for Ride for Kids. Anyone is welcome to join him.

If you cannot make the ride, Marcus and Darrell Broten are accepting donations. You can contact Marcus at mdbaud1@yahoo.com or Darrell at dbroten@sbcglobal.net. Minnesota Ride for Kids is July 20.

Marcus Baudhuin, our State Educator shared that at Chapter GB's social in November, all members present took the Rider I Level Skills Class. You can see all the names listed in Touring News-January issue.

It is about a 45 minute test and you can order a patch to show that you have completed the course. If anyone is interested, please contact Marcus at mdbaud1@yahoo.com.

Dean Belanger, State Member Recruitment and Retention, encouraged everyone to get involved by recruiting new members. Order handle bar hangers. These can be hung on motorcycles and have information on GWTA and how to join. He went on to say there are tri-fold TA pamphlets that you can give to friends and bring to your local motorcycle dealerships. You can go to the GWTA National website and create and print your personal business cards to hand out to potential new members. You can contact Dean for more information at dbelanger@bayland.net

As of the Winter Meeting, the State Treasury has \$459.21

Sue Engel is taking orders for neon green t-shirts. Please contact her at: 715-570-9588 or engels09@hotmail.com.

Sherri brought up the idea of having a State Website. The members present decided to put it on hold until we had more input from other members around the state.

We ended the meeting with a 50/50. Barb Williams won \$25. We had a hard time figuring out who won the second prize of \$10 because Diana Baudhuin was looking at her tickets upside down. When she turned them right side up, she realized she won. Go, Diana!

Third place of \$5 went to Bruce Roehrborn.

After the meeting, we all went to Pizza Pub for their buffet. There was a variety of pizza, pasta, chicken, salads, desserts and more. You could not walk away hungry. There was something for everyone.

Later at the hotel, a few went swimming with their children and grandchildren. The hotel let us have the meeting room for the day so a few of us played "Fact or Crap." Sherri was teasing Pat that he was trying to win so he could wear his speedo. Sherri really wanted to get in to her yellow polka dot bikini. Dean Belanger was so distracted by the speedo and yellow polka dot bikini talk that he grabbed a piece of candy, wrapped in foil, and put the foil in his mouth and threw out the chocolate. There is nothing like a good piece of foil.

When Gerry Brix walked in, he kept hearing the word speedo and wanted to know what he missed. We let him wonder.

As we played "Fact or Crap" the men started sharing stories. Seems in his younger days, Jimmy Clark saw a beetle watch that he liked. You know the ones that you wore around your neck and the wings opened to reveal the watch. Well, he liked them so much he bought a whole box and gave them to all the women.

Elaine Belanger shared that Dean likes buying in bulk, too. Turquoise earrings. When Elaine first met Dean, they went to a club where they line danced. Apparently he gave Elaine a pair and all the other women in the club he knew before Elaine. Dean likes to share with all the pretty women...but he married the prettiest.

Gerry Brix was thirsty for a beer. The hotel sold them by the six pack bottles for \$8 or \$2 each. He was getting quite a teasing because according to Gerry he got the better deal by buying one for \$2 since it was 16 oz. Ok, Gerry. He enjoyed the beer since he only wanted one anyway.

What is the TA Way?

The *T. A. Way* is a manual of guidelines for the Chapter Director (CD). It was written for the CD as a tool, but we encourage all members to take the time to read the manual. You will gain a better understanding of our association and how it operates.

<http://gwta.org/taway/taway.htm>

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New Membership Offer

Sign up for 1 year and get an additional *6 months free*

Sign up for 2 or 3 years and get an additional *1 year free*.

Additional time will automatically be applied to all new membership applications during this promotion.

Offer valid January 1, 2008 thru April 15, 2008

**All applications must be received in our office or postmarked by 4/15/08-NO exceptions

Wisconsin Chapters

Chapter GB - Green Bay, WI

Chapter Director

Patrick Williams-920-264-4642

wingrider@new.rr.com

Website - www.gwtawigb.org

Chapter Y - Eau Claire, WI

Chapter Director

Bob Johnson-715-287-3263

Contacts

Region C Director's

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402-896-8541

402-290-1376 - Randy Cell

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jenlipe@cox.net

State Director's

Sherri and Jeryl Vonderheid

715-839-9986

threewingers@sbcglobal.net

Assistant State Director's

Bruce and Bev Roehrborn

920-526-3305

bjroehrborn@excel.net

State Educator

Marcus Baudhuin

920-825-7667

mdbaud1@yahoo.com

Member Recruitment and Retention Director's

Dean and Elaine Belanger

920-826-7287

dbelanger@bayland.net

Chapter Director's Corner

Chapter GB News

Chapter GB is now one year old and going strong with a great group of people. We all encourage people to participate as much or as little as your schedule allows, you will always be welcome.

During the first 3 months of this year we have had many Wednesday dinner nights at various eating establishments. Always great company along with good food to boot.

We also had a sleigh ride at the Rock-K-Ranch that was well attended.

We couldn't have asked for a better evening than what we had. A temperature in the low 20's with lots of snow on the ground, not a cloud in the sky with plenty of stars and at the end plenty of food. Go figure.

Even a surprise birthday cake for our own Chapter Educator, Marcus Baudhuin from his wife, Diana. The cake was really GOOD.

We are now all getting a little anxious to get the bikes out although I do know one person already did. He went to check out the route he has planned for the first dinner night ride in May.

We also had 2 members of our chapter step up at the Winter Meeting to join the state staff. Marcus Baudhuin has accepted the position of State Educator and Dean Belanger has accepted the position of State Member Recruitment and Retention Director. They will also continue their same positions within Chapter GB. What a bonus for our chapter as well as the state and

beyond. Their enthusiasm is without boundaries.

On Sunday, April 13th we have our first Pot Luck of the season at Don and Jean Augustson's home in Sturgeon Bay starting at 11 AM. Directions to their home will be on the chapter website or if you don't have internet access you can call them at 920-743-7179 and they'll be glad to give you directions. You bring a dish to pass and the chapter supplies water, soda, napkins, plates, etc.

On May 18th we have a Pot Luck social at Marcus and Diana Baudhuin's home in Anston starting at 11 AM. We'll have the same.. dish to pass and all the other usual supplies. Directions will be out closer to the time of the social.

Region C's Rally is coming up the first weekend in June. Marcus and I are going. If anyone would like to ride along with us, we are leaving on Thursday, June 5th and will be camping there and then coming back on Sunday.

It's such a pleasure for Barb and I to be part of such a great group of people. Everyone looking for new members and coming up with ideas to help our chapter, as well as GWTA, to grow and prosper. It's all about the fun we have and the friends we make along the way. We wish to thank everyone for all they do for the chapter. It wouldn't be what it is without all of you.

Patrick & Barbara Williams

Your GWTA - WI - GB Chapter Directors

Member Retention

Hello to all members and future members of G.W.T.A.

For your info, I have accepted the State position of Recruitment & Retention in the State of WI. That means that I am asking all members to join together and go after new and expired members. There is a program going on right now to use on getting new members. Join one year and get 6 months free. Or join for three years and only pay for two. USE THIS TOOL

The secret is out about G.W.T.A. It is starting to explode. Look what happened in Canada. Almost one hundred new members! (WOW) what a start. We should have a goal to double our chapters in the state this year. Also get the word out that we do accept other motorcycles with pride.

Till next time. Hope to see you down the road.

Dean R. Belanger
N.E.W Chapter GB
State R & R Director
dbelanger@bayland.net

p.s. Check your membership cards for your expiration date!!!!



Apparel



http://www.gwta.org/online_store/apparel.htm

Mark your calendars!!

Gold Rush XXI

July 14-17, 2008

Billings, Montana

http://www.gwta.org/upcomingevents/gr/gr_info.htm

Safety Corner

- Make sure that your motorcycle key is not mounted on a key ring that is so long that it can get trapped in any way when you turn the handlebars.
- No matter how well clothed you are, no matter how many layers, if your hands get too cold you will not be able to safely handle your motorcycle. Your fingers will not be able to squeeze the brake or clutch levers effectively or with subtlety. You **MUST** keep your hands warm to handle a motorcycle safely. Glove liners as your first layer, rubber (surgical) gloves as your second layer, and finally your gloves make what would otherwise be impossible tolerable.

State Educator

By Marcus Baudhuin

Well the calendar says it's Spring, but its still cold & there is lots of snow & salt on the roads. But we will be riding soon, (hopefully). This means it is time to check over your bike & get it ready for the season. I've asked Barb to attach a T-CLOCK inspection form for your use. The T-CLOCK is a list of BASIC items that need to be looked at, to make sure you're ready to ride. Do any maintenance that is needed or have your dealer do it for you.

Vial of Life and ICE

These are two programs I've been looking into that provide information in case of an accident. ICE stands for In Case of Emergency & is very easy to do for anyone with a cell phone. You simply put ICE as a contact in your cell phone, then a contact name, spouse or child or maybe a close friend & then their phone number. Do more than one ICE contact if you wish. The theory is that Emergency personal are trained to look for the ICE contact on the phone, & can get your medical info from your ICE contact if you are not conscious. The Vial of Life is a vial that you keep your medical info in & then place the vial in the left fairing pocket on your bike. I've been able to print out a small form that you put your medical info on & then place inside the Vial. The vial can be a small pill bottle or other waterproof container. What I have not been able to find are the Stickers that say Vial of Life that you place on the outside of the fairing pocket so the EMT know it is there. If anyone knows where these are available please let me know where we can get possibly them for little or no cost.

ERC or Skilled Rider Courses

If you haven't taken an ERC or other advanced course I would encourage you to do so. The ERC's are offered at some of the Tech Colleges, so I encourage you to call them & see what's offered in your area. These are 1 day courses, and will probably get you a discount on your motorcycle insurance. Note if your Tech school says they are full, check back near the end of May, as many are offered during the summer

schedule which doesn't start until June. The Skilled Rider Course will be offered at Gold Rush, but only on one day & that day hasn't been decided as of yet.

Rider Safety Level One Tests

I will be giving the Level one test at The Meet & Greet in August for anyone who is interested. There is a separate test for 2-wheel riders, trikes riders, as well as Co-riders. We will probably do that on Saturday morning.

Also, I am collecting pull tabs off aluminum cans for charity. If you want more information, please contact me.

That's enough for now. Until we meet again.

Ride Safe,

Mark (Marcus) Baudhuin, Educator



Think You're Drinking Enough Water?

By Leroy R. Perry, Jr.
Condensed from *PARADE*

If you're not, you could end up with excess body fat, poor muscle tone, digestive complications, muscle soreness -- even water-retention problems.

Next to air, water is the element most necessary for survival. A normal adult is 60 to 70 percent water. We can go without food for almost two months, but without water only a few days. Yet most people have no idea how much water they should drink. In fact, many live in a dehydrated state.

Without water, we'd be poisoned to death by our own waste products. When the kidneys remove uric acid and urea, these must be dissolved in water. If there isn't enough water, wastes are not removed as effectively and may build up as kidney stones. Water also is vital for chemical reactions in digestion and metabolism. It carries nutrients and oxygen to the cells through the blood and helps to cool the body through perspiration. Water also lubricates our joints.

We even need water to breathe: our lungs must be moist to take in oxygen and excrete carbon dioxide. It is possible to lose a pint of liquid each day just exhaling.

So if you don't drink sufficient water, you can impair every aspect of your physiology. Dr. Howard Flaks, a bariatric (obesity) specialist in Beverly Hills, Calif, says, "By not drinking enough water, many people incur excess body fat, poor muscle tone and size, decreased digestive efficiency and organ

function, increased toxicity in the body, joint and muscle soreness and water retention."

Water retention? If you're not drinking enough, your body may retain water to compensate. Paradoxically, fluid retention can sometimes be eliminated by drinking more water, not less.

"Proper water intake is a key to weight loss," says Dr. Donald Robertson, medical director of the Southwest Bariatric Nutrition Center in Scottsdale, Arizona. "If people who are trying to lose weight don't drink enough water, the body can't metabolize the fat adequately. Retaining fluid also keeps weight up."

The minimum for a healthy person is eight to ten eight-ounce glasses a day," says Dr. Flaks. "You need more if you exercise a lot or live in a hot climate. And overweight people should drink in an extra glass for every 25 pounds they exceed their ideal weight. Consult your own physician for their recommendations.

Your intake should be spread throughout the day and evening. You may wonder: If I drink this much, won't I constantly be running to the bathroom? Yes. But after a few weeks, your bladder tends to adjust and you urinate less frequently but in larger amounts.

And by consuming those eight to ten glasses of water throughout the day, you could be on your way to a healthier, leaner body.

Calculating Your Own Daily Water Requirements

By Dr. Thomas Stearns Lee

The human body is composed of 25% solids and 75% water. Brain tissue is said to consist of 85% water.

It has become a practice to regard a "dry mouth" as a signal of body water needs, which is further assumed to be well-regulated if the sensation of "dry mouth" is not present. A dry mouth is the *last* outward sign of extreme dehydration, however. Damage occurs to the body at a persistent lower level of hydration. Because of a gradually failing thirst sensation, the body becomes chronically and increasingly dehydrated.

Signals of dehydration can be any of the following symptoms:

- Heartburn, stomach ache
- Non-infectious recurring or chronic pain
- Low back pain
- Headache
- Mental irritation and depression
- Water retention (ironic but true)

Further problems often develop when the sensation of thirst urges an intake of water, and instead, soda pop, coffee, or alcohol-containing beverages are taken to quench the thirst. While these beverages contain water, they are actually dehydrating fluids. Not only do they eliminate the water contained in them, but they also cause you to lose further amounts of water from your body's reserves!

Something to Think About



- To avoid criticism; do nothing, say nothing, be nothing.
- Some times you make the right decision, sometimes you make the decision right.
Dr. Phil
- When patterns are broken, new worlds emerge.
Tuli Kupferburg



Shake it off and step up

From The Nature of Success by Mac Anderson

A farmer owned an old mule that fell into a well. After assessing the situation, the farmer reluctantly concluded that neither the mule nor the well was worth saving. Instead, he called his neighbors together and enlisted them to help bury the old mule in the well and put him out of his misery.

Initially the old mule was frantic, but as the dirt kept hitting his back, something happened. It dawned on the mule that every time a shovel load landed on his back, he should **SHAKE IT OFF AND STEP UP!** This he did, blow after blow. Shake it off and step up...shake it off and step up. No matter how painful the blows or how distressing the situation, the old mule fought panic and just kept right on **SHAKING IT OFF AND STEPPING UP!**

Before long, the old mule, battered and exhausted, stepped triumphantly through the mouth of that well. What seemed like it would bury him, actually helped him...all because of how he handled his adversity.

Such is life. If we face our problems and respond to them positively, refusing to surrender to panic, bitterness, or self-pity, the adversities that come along to bury us usually possess the potential to benefit us.

WISCONSIN GWTA

6TH ANNUAL STATE MEETING

MEET 'N' GREET

August 1-3, 2008

**CAMPING, MOTELING, GROUP RIDES,
PICNIC, FRIENDS & MUCH MORE**

**COME JOIN US FOR THE WEEKEND OR
FOR JUST A DAY!**

St. Joseph Resort – Necedah, WI

Cabins * Motel * Campground

608-565-7258 for hotel or cabins only

St. Joseph Resort has accommodations for everyone:

Motel Rooms – Starting Approx. \$50 a night (2 night minimum)

Camping Cabins – Approx. \$30 a night (2 night minimum)

Cabins – 3 different ones to choose from, starting \$100 night

Camping – Approx. \$20 a night – **make reservations with**

Sherri Vonderheid at 715-839-9986

All four are within walking distance of each other

PICNIC/POTLUCK AT FRIENDSHIP CITY PARK

Saturday, Aug. 2, 2008

EAT AT NOON!

Brats and Hot dogs & Beverage PROVIDED – Bring a dish to share

Raffle, 50/50 & Bango Ride after meal and State Meeting

Friday night pizza and Saturday night walking tacos – by donation.

For more information, contact Sherri or Jeryl Vonderheid, 715-839-9986 or

threewingers@sbcglobal.net

T-CLOCK Inspection Worksheet

T — TIRES & WHEELS

Item	Check	Look for	Check off
Tires	Condition	<i>Tread depth, wear, weathering, evenly seated, bulges, imbedded objects.</i>	Front - Rear
	Air Pressure	<i>Check when cold, adjust to load/speed.</i>	Front - Rear
Wheels	Spokes	<i>Bent, broken, missing, tension, check at top of wheel: "ring" == OK, "thud" == loose spoke.</i>	Front - Rear
	Cast	<i>Cracks, dents.</i>	Front - Rear
	Rims	<i>Out of round/true == 5mm. Spin wheel, index against a stationary pointer.</i>	Front - Rear
	Bearings	<i>Grab top and bottom of tire and flex: No freeplay (click) between hub and axle, no growl when spinning</i>	Front - Rear
	Seals	<i>Cracked, cut or torn, excessive grease on outside, reddish-brown outside.</i>	Front - Rear

C — CONTROLS

Item	Check	Look for	Check off
Levers	Condition	<i>Broken, bent, cracked, mounts tight, ball ends on handlebar lever.</i>	Front - Rear
	Pivots	<i>Lubricated.</i>	
Cables	Condition	<i>Fraying, kinks, lubrication; ends and length</i>	
	Routing	<i>No interference or pulling at steering head, suspension; no sharp angles, wire looms in place.</i>	
Hoses	Condition	<i>Cuts, cracks, leaks, bulges, chafing, deterioration.</i>	
	Routing	<i>No interference or pulling at steering head, suspension, no sharp angles, wire looms in place.</i>	
Throttle	Operation	<i>Moves freely, snaps closed, no revving.</i>	

L — LIGHTS

Item	Check	Look for	Check off
Battery	Condition	<i>Terminals clean and tight, electrolyte level, held down securely.</i>	
	Vent Tube	<i>Not kinked, routed properly, not plugged.</i>	
Lenses	Condition	<i>Cracked, broken, securely mounted, excessive condensation.</i>	
Reflectors	Condition	<i>Cracked broken securely mounted</i>	
Wiring	Condition	<i>Fraying, chafing, insulation.</i>	
	Routing	<i>Pinched, no interference or pulling at steering head or suspension, wire looms and ties in place, connectors tight, clean.</i>	
Headlamp	Condition	<i>Cracks, reflector, mounting and adjustment system.</i>	
	Aim	<i>Height and right/left.</i>	

O — OIL

Item	Check	Look for	Check off
Levels	Engine Oil	<i>Check warm on centerstand, dipstick, sightglass.</i>	
	Hypoid Gear Oil	<i>Transmission, rear drive, shaft.</i>	
	Hydraulic Fluid	<i>Brakes, clutch, reservoir or sight glass.</i>	
	Coolant	<i>Reservoir and/or coolant recovery tank — cool only.</i>	
	Fuel	<i>Tank or gauge.</i>	
Leaks	Engine Oil	<i>Gaskets, housings, seals.</i>	
	Hypoid Gear	<i>Gaskets, seals, breathers.</i>	
	Hydraulic Fluid	<i>Hoses, master cylinders, calipers.</i>	
	Coolant	<i>Radiator, hoses, tanks, fittings, pipes.</i>	
	Fuel	<i>Lines, fuel taps, carbs.</i>	

C — CHASSIS

Item	Check	Look for	Check off
Frame	Condition	<i>Cracks at gussets, accessory mounts, look for paint lifting.</i>	
	Steering-Head Bearings	<i>No Detent or tight spots through full travel, raise front wheel, check for play by pushing/pulling forks.</i>	
	Swingarm Bushings/Bearings	<i>Raise rear wheel, check for play by pushing/pulling swingarm.</i>	
Suspension	Forks	<i>Smooth travel, equal air pressure/damping and anti-dive settings.</i>	
	Shock(s)	<i>Smooth travel, equal preload, air-pressure and damping settings, linkage moves freely and is lubricated.</i>	
Chain/belt	Tension	<i>Check at tightest point.</i>	
	Lubrication	<i>Side plates when hot. Note: do not lubricate belts!</i>	
	Sprockets	<i>Teeth not hooked, securely mounted.</i>	
Fasteners	Threaded	<i>Tight, missing bolts, nuts.</i>	
	Clips	<i>Broken, missing.</i>	
	Cotter Pins	<i>Broken, missing.</i>	

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Item	Check	Look for	Check off
Centerstand	Condition	<i>Cracks, bent.</i>	
	Retention	<i>Springs in place, tension to hold position.</i>	
Sidestand	Condition	<i>Cracks, bent (safety cut-out switch/pad if equipped).</i>	
	Retention	<i>Springs in place, tension to hold position.</i>	